

# *Life Mental Health*

leading provider of  
acute psychiatric  
services



**Life** Mental Health

*Making life better*

## the right choice for acute mental healthcare

Life Healthcare is a leading provider of private psychiatric services in South Africa, currently offering such services at six dedicated facilities in Gauteng, the Eastern Cape and KwaZulu-Natal.

Life Healthcare intends to widen access to, and meet the growing demand for private acute mental healthcare. Currently it operates 400 beds and plans to open more beds in 2014.

### our services

The mental healthcare services offered at these dedicated facilities include general psychiatry, treatment for substance dependence or other addictions associated with psychiatric disorders and, in certain cases, some psychiatric sub-specialities for high and medium acuity users. Post-discharge support is usually also offered.

Treatments offered include evidence-based drug therapy, individual psychiatric consultations and psychotherapy, group therapy and, where needed, physical therapy.

These holistic services are provided by a multi-disciplinary team which, depending on individual patient needs, could comprise medical practitioners such as psychiatrists; other healthcare professionals such as psychologists, occupational therapists, physiotherapists, social workers and counsellors; as well as nursing practitioners trained in mental health.

### our quality

Life Healthcare is committed to providing mental healthcare users with service of world-class quality. By 2014, Life Mental Health will have achieved separate ISO 9001 : 2008 accreditation for its quality management systems.

*Life Mental  
Health is a  
specialised  
healthcare service  
providing acute  
psychiatric  
services*

## portfolio of dedicated Life mental health facilities



### **Life Glynnview, Benoni, Johannesburg**

Total bed capacity – 80, comprising 60 beds for voluntary, 15 for assisted and 5 for involuntary admissions.



### **Life Huntersraig Private Hospital, Central, Port Elizabeth**

Total bed capacity – 41, for voluntary admissions (including 4 beds for emergency admissions).



### **Life Poortview, Roodepoort, Johannesburg**

Total bed capacity – 80, comprising 60 beds for voluntary, 15 for assisted and 5 for involuntary admissions.



### **Life Riverfield Lodge, near Fourways, Sandton**

Total bed capacity – 26, for voluntary admissions.



### **Life St Joseph's, Berea, Durban**

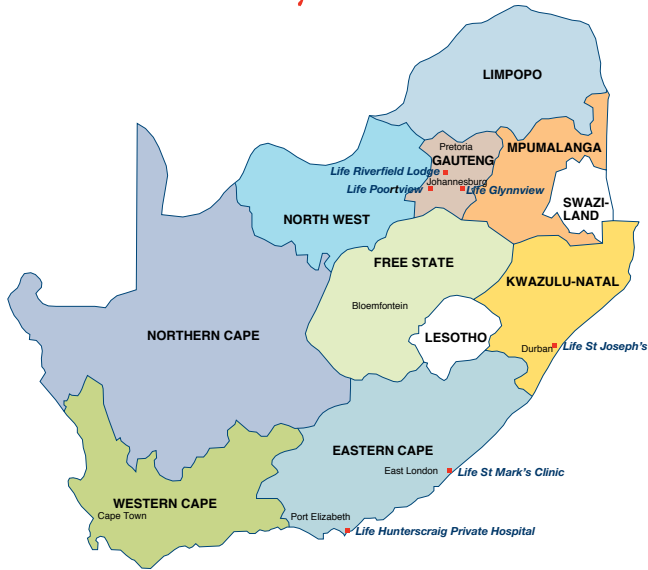
Total bed capacity – 100, comprising of 89 adult and 11 adolescent beds.



### **Life St Mark's Clinic, Southernwood, East London**

Total bed capacity – 55, for voluntary admissions (including 3 high care beds)

## National spread of mental health units



## contact details

### EASTERN CAPE

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